



CATARACT SURGERY PROJECT 2025

**PROJECT COMPLETION REPORT
2025**

**HATIA BALA, SHANGLA, KHUSHAB &
SHEIKHUPURA – PAKISTAN**



HUMANITY-INCREASED
Quality over Quantity





BACKGROUND

Organization: Humanity-Increased

Project Name: Restoring Sight, Restoring Hope – Free Cataract Surgeries

Project Location: Hatia Bala, Shangla, Khushab & Sheikhpura, Pakistan

Project Start Date: October 22, 2025

Project End Date: December 20, 2025

Total Beneficiaries: 200 patients

Cataract remains one of the leading causes of preventable blindness in Pakistan, disproportionately affecting elderly individuals, widows, daily wage earners, and people living in poverty. In many rural and peri-urban areas, limited access to eye care, high surgical costs, and delayed treatment result in progressive vision loss, dependency, and reduced quality of life.

To address this urgent health need, Humanity-Increased funded and oversaw a targeted cataract surgery intervention in four underserved districts. The project aimed to restore eyesight, independence, and dignity by providing **free cataract surgeries**, including pre-operative screening, surgery, medication, and follow-up care.

PROJECT ACTIVITIES & OUTPUTS



1. COMMUNITY OUTREACH & BENEFICIARY IDENTIFICATION

Community mobilization and outreach were conducted to identify individuals suffering from severe vision impairment. Priority was given to:

- Elderly individuals
- Widows and female-headed households
- Low-income daily wage earners
- Persons with disabilities

A total of 200 patients were identified and registered through a transparent, criteria-based process

2. MEDICAL SCREENING & PRE-OPERATIVE ASSESSMENT

All registered patients underwent medical screening to confirm cataract diagnosis and surgical eligibility. Medical histories were documented, and patients received counselling regarding the procedure, recovery, and post-operative care.





3. SURGICAL CAMPS & CATARACT OPERATIONS

Cataract surgery camps were organized across the four target districts.

- 200 cataract surgeries were successfully performed
- Procedures were conducted by qualified ophthalmologists
- All surgeries followed standard medical and safety protocols

4. PROVISION OF LENSES, MEDICATION & POST-OPERATIVE CARE

Each patient received:

- Intraocular lenses (IOLs)
- Prescribed medications
- Post-operative instructions and follow-up checkups

This ensured safe recovery and improved long-term eye health.



PROJECT IMPACT



**200
INDIVIDUALS**

200 INDIVIDUALS RESTORED TO SIGHT

PREVENTABLE BLINDNESS REDUCED



**PREVENTABLE
BLINDNESS
REDUCED**



**IMPROVED
QUALITY OF LIFE**

- Beneficiaries regained mobility, confidence, and self-reliance
- Families were relieved of caregiving burdens
- Elderly patients were able to resume daily activities
- Community awareness of eye health was strengthened

“Before the surgery, I could not recognize faces. Now I can see clearly again and live independently.” — Cataract patient, Shangla District



SUSTAINING HUMANITARIAN EFFORTS

This project reflects Humanity-Increased's commitment to life-changing medical interventions that go beyond temporary relief. Future efforts will focus on:

- Expanding cataract surgeries to additional underserved districts
- Supporting early detection and screening initiatives
- Integrating eye health into broader community healthcare programs



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